

St Joseph's Use of The PE And School Sport Funding.

At St Joseph's we provide a broad and balanced programme of physical education that we believe every child should have; with activities designed to be enjoyable, vigorous, purposeful and regular. Through providing positive experiences, a lifelong interest in physical activity and sport is encouraged. The range of physical activities is wide and includes athletics, dance, games, gymnastics, swimming and outdoor education. A high quality programme is designed to satisfy the needs, abilities and interests of all individual children.

In April 2013, the Department for Education, Health and Culture, Media and Sport announced new funding of £150 million to support the delivery of PE and school sport. Funding is being allocated to all state-maintained secondary, primary, middle and special schools (including non-maintained special schools), academies and pupil referral units with primary aged pupils for the period September 2013 to 31st August 2014 and from 1st September 2014 to 31st August 2015, currently continuing through to 2018.

Monies received to date at St Joseph's:

Total for April 2017 to present

£1402.00

St Joseph's has spent the funding on the following items:

- Specialist lunch time coaching from YMCA to develop support staff subject knowledge and increase physical activity during play time.
- Installing new equipment e.g. agility tables and specific games equipment to develop skills further in PE lessons and at play times.
- Significantly increased play time equipment to ensure more children are taking part in physical activity.
- Continued collaboration with the YMCA to fund and offer active after-school clubs for some children to improve fitness, learn new skills, to gain the opportunity to meet and befriend other children and of course have fun!
- Replacing gymnastic equipment so that it is of the right health and safety standard.
- New resources to develop subject knowledge in Dance and Gymnastics for teaching staff.

- Increased the number of breakfast and after school clubs.
- Subject leader training with local sport consultants to develop more rigorous assessment for PE and to analyse the impact of the funding as a whole school.
- Weekly lunch time activities led by coaches from the YMCA to ensure all children are physically active after their lunch.

Impact so far

1. As a direct result of the progress we have made in our whole school approach to PE and School sport, we have been awarded the London **Healthy Schools Gold** award in Spring 2018. This was as a direct result of our YMCA after school clubs and fitness development sessions at lunch times and after school. We also improved the levels of fruits and vegetables in our packed lunches and moved towards a water-only school. We have also worked on updating our Packed Lunch policy and Whole School food policy. Our close work with the school nurse, dental team and our catering team has proved successful in delivering a consistent message about healthy living.
2. Lessons are better equipped and resources are available to challenge all levels of fitness and promote progress across year groups.
3. Play time zones have been set up to motivate and engage the children and participation has increased. Positive Playtimes is the focus in our playground and children are more focused in the classroom and calmer moving around the school.
4. Support from the local PE and School sport consultant has meant the PE action plan has clear focus points to be achieved this academic year.
5. The after school clubs are subsidised by the funding and it has increased our whole school participation in sport and has increased the number of participants for inter-competitions.

We will continue to use our PE and School Sport funding to improve the quality of PE and Sport provision in the following ways:

- Procuring quality assured professional training for staff to raise their confidence and competence in teaching PE and sport, particularly with new staff.
- Providing cover staff to release teachers for professional development in PE and sport.
- Supporting regular sport tournaments, inter and intra competitions.

- Purchasing equipment for our early years classes to develop their coordination and balance skills during their outdoor play every day.
- Continuing to offer opportunities for our children to take part in breakfast and after school clubs with a wide range of activities to choose from.