

Keeping Children and Young People Safe from Radicalisation and Extremism:

Advice for Parents and Carers



Camden Safeguarding
Children Board

C A M D E N S C B

Introduction

There have been many reports in the media recently of young people being targeted by adults who hold extreme views that advocate violence. Some young people have been persuaded to leave the country in secret and against the wishes of their family, putting themselves in extreme danger as a result.

This leaflet aims to help parents and carers recognise when their child may be at risk from radicalisation and where to get help if they are worried.

If you need a copy of this booklet in another language please contact the Camden Safeguarding Children Board on **020 7974 8716**

Haddii aad ku doonayso nuqul buug-yarahan ah luuqad kale, fadlan la xiriir **020 7974 8716** (Guddiga Dhawrida Carruurta Camden — Camden Safeguarding Children Board)

অন্য ভাষাতে আপনার যদি এই পুস্তিকার একটি কপির দরকার হয় তাহলে দয়া করে **020 7974 8716** নম্বরে যোগাযোগ করবেন (ক্যামডেন সেফগার্ডিং চিলড্রেন বোর্ড)

إذا كنت ترغب في الحصول على نسخة من هذا الكتيب بلغة أخرى، يرجى الاتصال بهاتف رقم **8716 7974 020** (مجلس كامدن لحماية الأطفال)

What is radicalisation and extremism?

'Extremism' is where someone holds views that are intolerant of people who are of a different ethnicity, culture, religion, gender or sexual identity. It also includes calls for the death of members of the armed forces, both in this country and abroad. Extremists may try to force their views on others and in some cases, may believe that these views can justify the use of violence in order to achieve certain aims.

'Radicalisation' is the process by which a person comes to support terrorism and extremist ideologies associated with terrorist groups. Extremists will try to attract people to their cause by persuading them that their view of the world is the correct view and encouraging them to take action to change the world to fit these extremist views.

Britain is a democratic country where the principles of tolerance and mutual respect for people of all faiths and beliefs is upheld by the law. Those who hold extremist views and advocate violence go against these fundamental principles.

Why do young people become radicalised?

Young people may be drawn to extremist views because:

- They are trying to make sense of world events
- They feel that their culture or religion is under threat
- It makes them feel a sense of identity or belonging or being part of something
- They are looking for adventure or excitement
- They have a personal grievance or experience of racism or discrimination and feel they want to change things
- They are under pressure from their peers who have links with these groups.



How are young people radicalised?

Young people may come into contact with adults and peers with extremist views both online and in everyday life. The person may be a friend or relative or may be a stranger they meet online.

Contact online may be through social media such as Facebook, Twitter or YouTube but young people may be invited to join discussions on less well-known sites such as Kik, Whisper, Messenger, Yik Yak or Omegle. Extremists often use these sites because they are harder to monitor and they can hide their identity.

Extremists often manipulate young people by using emotional triggers to engage with them, and may target them when they are experiencing difficulties such as bereavement, emotional trauma, mental health issues or social isolation.

What are the signs to look out for?

The following could describe general teenage behaviour but together with other signs may mean the young person is being radicalised:

- Out of character changes in dress, behaviour and changes in their friendship group
- Losing interest in previous activities and friendships
- Secretive behaviour and switching screens when you come near.

The following signs are more specific to radicalisation:

- Owning mobile phones or devices you haven't given them
- Showing sympathy for extremist causes
- Advocating extremist messages
- Glorifying violence
- Accessing extremist literature and imagery
- Showing a mistrust of mainstream media reports and belief in conspiracy theories
- Appearing angry about government policies, especially foreign policy.

How can parents keep young people safe?

- Make sure you know where your child is and who they are with; find out about your child's friends and their families.
- Be aware of your child's **online activity** and check which social media sites they are visiting; report any sites that you have concerns about.
- Talk to your child about their lives and their interests; encourage them to take up **positive activities** with local groups that you trust.
- Help your child to be **critically aware** of what they see on the TV or the internet; encourage them to see different points of view and help them to develop tolerance for others.
- Remind your child that people they contact over the internet may not be telling them the whole truth and may not inform them of any potential dangers. **If they are being asked to keep something secret then they may be at risk of harm.**
- Get help from other members of your family or community that your child looks up to.
- If you feel there is a risk that your child may leave the country, **take precautions** such as keeping their passport in a safe place and reducing their access to money.





Where to get help

If you are worried that your child may be in contact with people who are trying to radicalise them, you can call the following people for information and advice:

**Police Prevent
Engagement Officer**

07818 587396



**Camden's Prevent
Co-ordinator**

020 7974 1475

You can also talk to your child's teachers; the school will be looking out for any signs that pupils may be being targeted by extremists and may be able to help refer your child on for help if there are signs they are being radicalised.

All the professionals involved will work together with you and your child to see what support can be offered to protect your child from becoming radicalised.

Useful websites

The following websites offer information and advice:

For advice about tackling radicalisation within the family go to Families Against Stress and Trauma at:

www.familiesmatter.org.uk

To report suspected online terrorist content please follow:

www.gov.uk/report-terrorism

Report extremist content to social media providers.

Find out more at: www.seeitreportit.org/

www.saferinternet.org.uk/news/online-radicalisation-and-extremism

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